

DSM-5 Self-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 11–17

Name: _____

Age: _____

Sex: Male Female

Date: _____

Instructions: The questions below ask about things that might have bothered you. For each question, circle the number that best describes how much (or how often) you have been bothered by each problem during the **past TWO (2) WEEKS**.

		None Not at all	Slight Rare, less than a day or two	Mild Several days	Moderate More than half the days	Severe Nearly every day	Highest Domain Score (clinician)					
		During the past TWO (2) WEEKS , how much (or how often) have you...										
I.	1.	Been bothered by stomachaches, headaches, or other aches and pains?					0	1	2	3	4	
	2.	Worried about your health or about getting sick?					0	1	2	3	4	
II.	3.	Been bothered by not being able to fall asleep or stay asleep, or by waking up too early?					0	1	2	3	4	
III.	4.	Been bothered by not being able to pay attention when you were in class or doing homework or reading a book or playing a game?					0	1	2	3	4	
IV.	5.	Had less fun doing things than you used to?					0	1	2	3	4	
	6.	Felt sad or depressed for several hours?					0	1	2	3	4	
V. &	7.	Felt more irritated or easily annoyed than usual?					0	1	2	3	4	
VI.	8.	Felt angry or lost your temper?					0	1	2	3	4	
VII.	9.	Started lots more projects than usual or done more risky things than usual?					0	1	2	3	4	
	10.	Slept less than usual but still had a lot of energy?					0	1	2	3	4	
VIII.	11.	Felt nervous, anxious, or scared?					0	1	2	3	4	
	12.	Not been able to stop worrying?					0	1	2	3	4	
	13.	Not been able to do things you wanted to or should have done, because they made you feel nervous?					0	1	2	3	4	
IX.	14.	Heard voices—when there was no one there—speaking about you or telling you what to do or saying bad things to you?					0	1	2	3	4	
	15.	Had visions when you were completely awake—that is, seen something or someone that no one else could see?					0	1	2	3	4	
X.	16.	Had thoughts that kept coming into your mind that you would do something bad or that something bad would happen to you or to someone else?					0	1	2	3	4	
	17.	Felt the need to check on certain things over and over again, like whether a door was locked or whether the stove was turned off?					0	1	2	3	4	
	18.	Worried a lot about things you touched being dirty or having germs or being poisoned?					0	1	2	3	4	
	19.	Felt you had to do things in a certain way, like counting or saying special things, to keep something bad from happening?					0	1	2	3	4	
		In the past TWO (2) WEEKS , have you...										
XI.	20.	Had an alcoholic beverage (beer, wine, liquor, etc.)?			<input type="checkbox"/> Yes	<input type="checkbox"/> No						
	21.	Smoked a cigarette, a cigar, or pipe, or used snuff or chewing tobacco?			<input type="checkbox"/> Yes	<input type="checkbox"/> No						
	22.	Used drugs like marijuana, cocaine or crack, club drugs (like Ecstasy), hallucinogens (like LSD), heroin, inhalants or solvents (like glue), or methamphetamine (like speed)?			<input type="checkbox"/> Yes	<input type="checkbox"/> No						
	23.	Used any medicine without a doctor's prescription to get high or change the way you feel (e.g., painkillers [like Vicodin], stimulants [like Ritalin or Adderall], sedatives or tranquilizers [like sleeping pills or Valium], or steroids)?			<input type="checkbox"/> Yes	<input type="checkbox"/> No						
XII.	24.	In the last 2 weeks, have you thought about killing yourself or committing suicide?			<input type="checkbox"/> Yes	<input type="checkbox"/> No						
	25.	Have you EVER tried to kill yourself?			<input type="checkbox"/> Yes	<input type="checkbox"/> No						

DSM-5 Parent/Guardian-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 6–17

Child's Name: _____

Age: _____

Sex: Male Female

Date: _____

Relationship with the child: _____

Instructions (to the parent or guardian of child): The questions below ask about things that might have bothered your child. For each question, circle the number that best describes how much (or how often) your child has been bothered by each problem during the **past TWO (2) WEEKS**.

		None Not at all	Slight Rare, less than a day or two	Mild Several days	Moderate More than half the days	Severe Nearly every day	Highest Domain Score (clinician)					
During the past TWO (2) WEEKS , how much (or how often) has your child...												
I.	1.	Complained of stomachaches, headaches, or other aches and pains?					0	1	2	3	4	
	2.	Said he/she was worried about his/her health or about getting sick?					0	1	2	3	4	
II.	3.	Had problems sleeping—that is, trouble falling asleep, staying asleep, or waking up too early?					0	1	2	3	4	
III.	4.	Had problems paying attention when he/she was in class or doing his/her homework or reading a book or playing a game?					0	1	2	3	4	
IV.	5.	Had less fun doing things than he/she used to?					0	1	2	3	4	
	6.	Seemed sad or depressed for several hours?					0	1	2	3	4	
V. &	7.	Seemed more irritated or easily annoyed than usual?					0	1	2	3	4	
VI.	8.	Seemed angry or lost his/her temper?					0	1	2	3	4	
VII.	9.	Started lots more projects than usual or did more risky things than usual?					0	1	2	3	4	
	10.	Slept less than usual for him/her, but still had lots of energy?					0	1	2	3	4	
VIII.	11.	Said he/she felt nervous, anxious, or scared?					0	1	2	3	4	
	12.	Not been able to stop worrying?					0	1	2	3	4	
	13.	Said he/she couldn't do things he/she wanted to or should have done, because they made him/her feel nervous?					0	1	2	3	4	
IX.	14.	Said that he/she heard voices—when there was no one there—speaking about him/her or telling him/her what to do or saying bad things to him/her?					0	1	2	3	4	
	15.	Said that he/she had a vision when he/she was completely awake—that is, saw something or someone that no one else could see?					0	1	2	3	4	
X.	16.	Said that he/she had thoughts that kept coming into his/her mind that he/she would do something bad or that something bad would happen to him/her or to someone else?					0	1	2	3	4	
	17.	Said he/she felt the need to check on certain things over and over again, like whether a door was locked or whether the stove was turned off?					0	1	2	3	4	
	18.	Seemed to worry a lot about things he/she touched being dirty or having germs or being poisoned?					0	1	2	3	4	
	19.	Said that he/she had to do things in a certain way, like counting or saying special things out loud, in order to keep something bad from happening?					0	1	2	3	4	
In the past TWO (2) WEEKS , has your child ...												
XI.	20.	Had an alcoholic beverage (beer, wine, liquor, etc.)?					<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't Know			
	21.	Smoked a cigarette, a cigar, or pipe, or used snuff or chewing tobacco?					<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't Know			
	22.	Used drugs like marijuana, cocaine or crack, club drugs (like ecstasy), hallucinogens (like LSD), heroin, inhalants or solvents (like glue), or methamphetamine (like speed)?					<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't Know			
	23.	Used any medicine without a doctor's prescription (e.g., painkillers [like Vicodin], stimulants [like Ritalin or Adderall], sedatives or tranquilizers [like sleeping pills or Valium], or steroids)?					<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't Know			
XII.	24.	In the past TWO (2) WEEKS , has he/she talked about wanting to kill himself/herself or about wanting to commit suicide?					<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't Know			
	25.	Has he/she EVER tried to kill himself/herself?					<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't Know			